



## Lesson Plan 3: Being kind to each other

**Level:** KS2

**Objective:** To consider the importance of kindness. To experience what it feels like to receive kindness.

**Resources needed** Famous kindness quotes sheets, pre-prepared fortune teller to show as an example, fortune teller templates - one per member of the class with names written on, copies of the Positive Words Sheet on tables or written on the board.

### Intro.

- Put the famous kindness quotes out on tables. \*
- Explain to the children that these are famous quotes about kindness. Each quote might mean something different to each person who reads it - there is no 'right' or 'wrong' interpretation. Tell the children that you want them to read the quotes and think about what it means for them.
- Children are to be in groups of about 3. You may want to give one person from each group the role of 'reader' - it will be their job to read the quote out to the group. Each group is to go to a table and discuss the quote they find. They will discuss what the quote means for them and respond to the questions on the sheet.
- Give the groups about 3 minutes to discuss their quote then rotate the groups on to the next quote. Continue until they've had a look at all/many quotes.
- Now, ask the children to decide individually which quote they like best and to go and stand by it. Ask them if they would like to share with the class why they like it and what it means for them.

\* For lower Key Stage two you might want to shorten this intro as it will take them longer to do the activity (perhaps just look at one or two quotes as a class).

### Activity

Children are to make kindness 'fortune tellers' for each other. The fortune tellers contain personalised compliments and positive comments.

- If you have another adult in the class, you could prepare a fortune teller for them in advance and give it to them at this point in the lesson to demonstrate how it works. Otherwise, have a general example which you have made earlier to show the class.
- Hand out the named fortune teller templates. (Before handing out the templates, explain to the children that whoever's name they receive, it's nice to respond with a smile even if they don't know that person very well.)
- Show the children the Positive Words sheet. Ask them to think carefully and write one compliment for the child whose template they have on one of the inside squares.
- Now tell the children to pass their template on to the person sitting on their left.
- Ask them to look to see whose name is on the new template and write a compliment for that person. Repeat, passing on and writing a compliment, until each of the 4 spaces has been filled in.
- Now ask the children to colour, number the triangular spaces and cut out the fortune teller.
- Demonstrate how to fold the fortune teller. There are lots of videos online showing you how to do this. Here's one we've used: [www.youtube.com/watch?v=BxyXk1sr2io](https://www.youtube.com/watch?v=BxyXk1sr2io). Make sure you start with the side of the paper with the words on face down on the table. Some children might find folding complicated so emphasise how you can all help each other with this part.
- Ask the children to take the fortune teller they have made and give it to the named child.

### Plenary

Children to try it out and receive their compliments! Ask the children how it feels to receive kind words. Reflect on how easy it is to give somebody a compliment and what a difference it makes.

### Extensions

Children can write and decorate words from the Positive Words sheet. These can be displayed in the classroom to inspire children to continue using kind words.